

Office of Development Commissioner,

SEEPZ-SEZ in collaboration with

1 GJSCI

2 Renaissance Jewellery

3 Creation Jewellery

Organizing

INTERNATIONAL DAY OF YOGA

All units & their employees are cordially invited to participate as per programme below:

Venue: SEEPZ Lake Side

Dates: Tuesday 21st June, 2016.

**Timing: Batch 1 (Open to All) - 4:00pm to 5:00pm
(Conducted by Mahamukteshwar Yoga Kendra)**

**Batch 2 (Restricted for Chairman, CEO, CMD of
All Units) - 5:00pm to 6:30pm (Conducted by
Isha Foundation)**

Dates: Wednesday 22nd June, 2016 to 24th June, 2016

Timing:

**Batch -1 : (Open to All) - 3:00pm to 4:30pm
(Conducted by Isha Foundation)**

**Batch -2 : (Open to All) - 5:00pm to 6:30pm
(Conducted by Isha Foundation)**

Note : Please note that yoga workshop is being offered free of cost, however, each session has limited seating capacity, hence, admission will be on first come first serve basis.